

## Training Seminar Workbook

Utsunomiya University, Faculty of International Studies



Organized by the Consortium of Universities in Tochigi & Utsunomiya University

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# ICS

# **International Career Seminar**

#### Guidelines

#### **Purpose and Goals**

- 1. Engage those who wish to work on the world stage.
- 2. Consider how to work in society with motivation.
- 3. Provide opportunities to think about your roles in local and global societies.
- 4. Find motivation to actively pursue your career.

#### Introduction

The objective of the International Career Education Program is the education of a global perspective for people who wish to pursue international careers. For this purpose, "Globalization" and "Glocalization" have become key concepts, which reflect the increase of global issues in local societies. Participants will join working groups, which will discuss and develop themes related to international careers. Each working group will also summarize their action plan with a presentation given on the last day. The main purpose of the seminar is to consider both local and global issues, exchange and communicate ideas and engage others for the purpose of developing skills related to international careers.

#### Workbook

This workbook should be used throughout the seminar and preparation sessions. Note keywords, questions and comments regarding working groups, discussions, presentations and pre-reading. Listen carefully to lecturer's presentations as well as comments and discussions with other working group members. This is important for participating actively, recording important information and reflecting on what you have learned.

#### Presentation

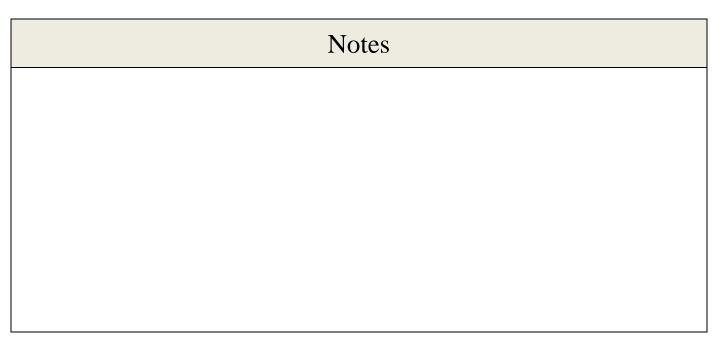
Use the presentation guidelines, storyboard and examples to help you develop and prepare your presentation. There are several materials to guide you and provide models for creating and organizing your presentations.

#### Evaluation

In order to get credit for this seminar you need to complete and submit the workbook by the deadline after the end of the course. Your evaluation will be based on your participation, your presentation and the contents of the workbook.

## Work Group Preparation

Use the spaces below to prepare for the seminar. Take notes from the required readings.



Keywords			

Questions

## **Your Goals / Objectives and Career Plans**

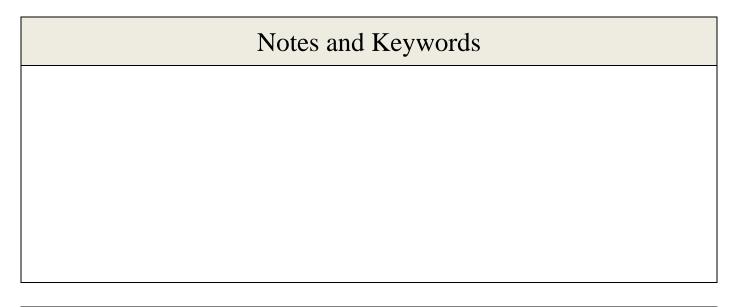
As the International Career Seminar starts, describe your goals / objectives and career plans. On the last day of the seminar, write down the achievement toward your goals / objectives and the reasons, and how your mind changed by attending the International Career Seminar.

ON THE FIST DAY	ON THE LAST DAY
Describe your goals and objectives toward the International Career Seminar as detailed as possible. (Multiple descriptions allowed.) 1.	Circle your achievement toward the goals / objectives you have set. Achieved very well $$ No achievement < 5 4 3 2 1 > Write in detail what achievements you made and you
2.	could not make. (State the reasons.)
3.	
4.	
5.	

ON THE FIST DAY	ON THE LAST DAY
Write down your future goals and a concrete path toward the goals. (As detailed as possible)	Write down your future goals you have in your mind now and a path toward the goals. (Did the goals change from the first day? The reasons, etc.)

## **Keynote Worksheet**

Presentation is a form of communication, which requires feedback and participation in order to be successful. Listen carefully to the presenter. Take notes regarding important points and keywords. Make a list of comments you have as well as any questions. It is important for both the speaker and the audience to engage the subject through questions. Asking questions is also a sign of respect and appreciation.



## Comments



## **Presenters Introduction**

Each presenter will describe their career path. Take notes and write down comment, keywords or questions.

Presenter Profile	:		
Keywords			
Comments and Q	Juestions	·	

Presenter Profile			
Keywords			
Comments and Question	18		

Presenter Profile			
Keywords			
<b>Comments and Question</b>	15		

## **Presenters Introduction**

Each presenter will describe their career path. Take notes and write down comment, keywords or questions.

Presenter Profile				
Keywords				
Comments and Question	18			

Presenter Profile				
Keywords				
<b>Comments and Question</b>	18			

Presenter Profile			
Keywords			
Comments and Question	15		<u> </u>

## **Panel Discussion Worksheet**

Topics

-		
L		

#### Main Ideas

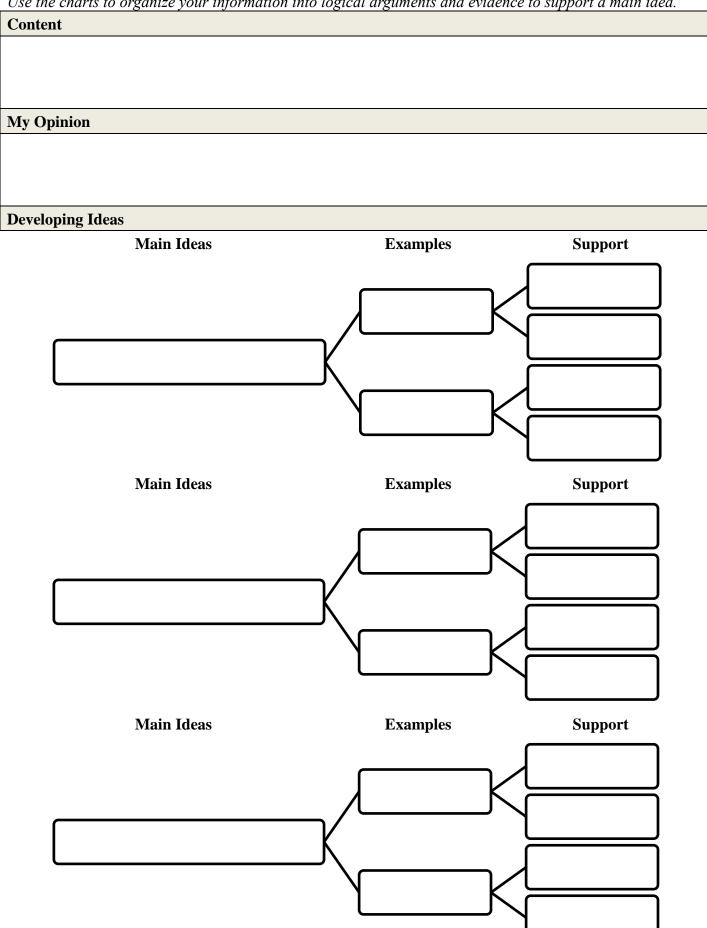
#### Keywords

#### **Key Questions**

#### Comments

### **Work Group Materials**

Use the charts to organize your information into logical arguments and evidence to support a main idea.



## Work Group Materials

Main Idea		
Support		
Making Connections		
		<
		$\backslash$
		)
Key Words		
Key Questions		·

## **Presentation Planning Materials: Storyboard**

Use the following pages to plan and design your presentation. The story board will help you connect your visual message with your content. Design your visual message while considering its purpose in supporting your presentation and how it relates to your verbal message. Consider the following questions:

- What is the purpose of each image, chart or graph? What will you say about them?
- Do they contribute to or distract from your overall message.

#### **Introductory Slide**

#### Visual Message

#### Verbal Message

Opening	
Background	
Hook	
Connection	
Main Idea	
Purpose/Goal	
Conclusion/Transition	

#### TRANSITION TO 1<sup>ST</sup> MAIN IDEA

Main Idea (Verbal)	Main Idea (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)

#### CONCLUDING TRANSITION

#### TRANSITION TO 2<sup>nd</sup> MAIN IDEA

Main Idea (Verbal)	Main Idea (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)

#### CONCLUDING TRANSITION

#### TRANSITION TO 3<sup>RD</sup> MAIN IDEA

Main Idea (Verbal)	Main Idea (Visual)		

#### TRANSITION

Support (Verbal)	Support (Visual)	

#### TRANSITION

Support (Verbal)	Support (Visual)

#### TRANSITION

Support (Verbal)	Support (Visual)	

#### CONCLUDING TRANSITION

#### **Concluding Slide**

Go over and revise your storyboard. Make sure the slides flow logically and support your overall message visually and verbally. Can the audience easily follow or understand your support or examples? Consider the following questions:

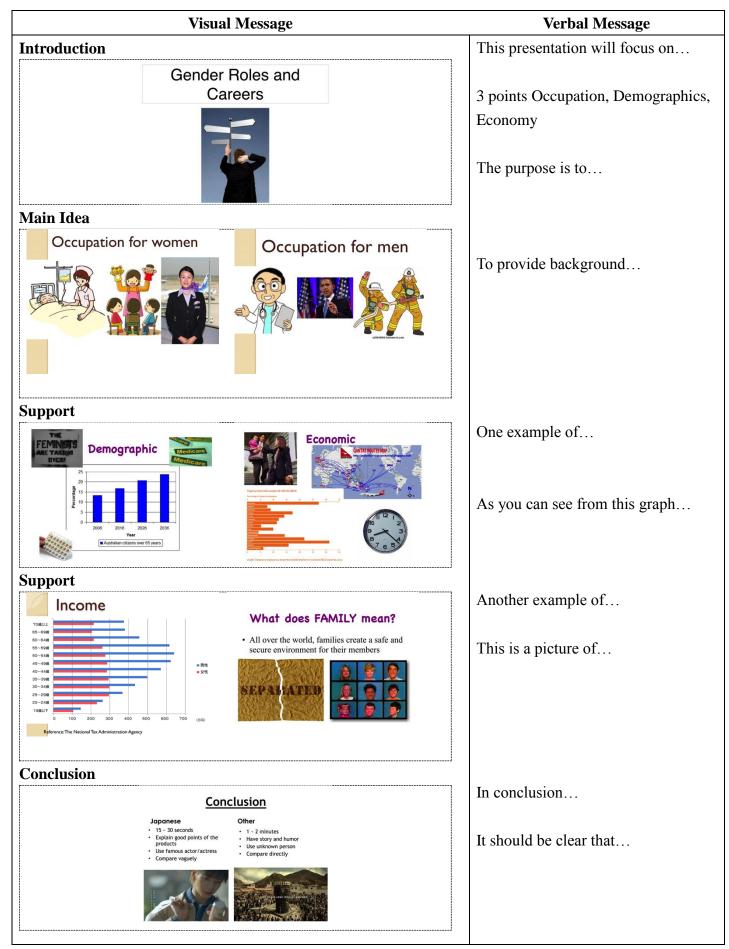
- Is each image absolutely necessary? Are they simple and easy to understand?
- Do they support my goal? Are they relevant to my verbal message?
- Is my conclusion clear, logical and memorable?

#### Visual Message

#### Verbal Message

Opening Transition
Connection
Summary
Final Message
Conclusion

## **Example Storyboard**



## **Presentation Language**

#### Introductions

Thank you for coming today.	I am pleased to be here today	Good morning/afternoon
I am from	I am a student of	My name is
This presentation will focus on	I would like to present	My research aims to
First, I will	Following this I will	Finally/In conclusion
Did you know that?	On the way to school today I	According to

#### **Transitions and Signposts**

To start	As an introduction	Let's begin by	FirstSecond Third
To provide background	Before we continue	Regarding the previous	Following this I will
Next (section/slide)	One example of	According to	The data suggests
Another example of	This brings us to	Now we can consider	Let's move on to
In conclusion	Finally/ Lastly	To summarize	To follow up
To sum up	Over 80% of	A majority of	It is important to

#### Visuals

This next slide shows	This is a picture of	On the left/right
As you can see from this graph	If you notice	In the middle/center
The following table highlights	Examples of can be seen	At the top/bottom
Here you can see	The chart clearly shows	This diagram illustrates

#### Support

Examples	For example	In the case of	If we consider
Facts and statistics	In a recent article	20% of all	One third of all
Quotes	According to	said that	In his/her book
Explanations	To clarify	To better understand	Another way to

#### Conclusions

In short	This presentation has	To conclude	Considering the evidence
In summary	The goal of today's presentation	In conclusion	It should be clear that
To sum up	The data, findings, research suggest	Finally	Overall

## **Presentation Rehearsal: Comments and Feedback**

Take notes and ask questions about each presentation. Give feedback and comments. **Presentation 1** 

I resentation I	
Comments & Q	Juestions
	Presentation Comments and Feedback
Content	
Attitude	
Visuals	
Language	
Connections	

#### **Presentation 2**

Comments & Questions		
	My Presentation Comments and Feedback	
Content		
Attitude		
Visuals		
Language		
Connections		

## **Final Presentation Evaluation**

Make comments and evaluate other group's presentations using the checklists below.

Make comments and					
Group	( )	( )	( )	( )	( )
Торіс					
Content					
Attitude					
Visuals					
Language					
Connections					
Comments & Questions					

## **Closing Presentation**

Listen carefully to the presenter. Take notes regarding important points and keywords. Make a list of comments you have as well as any questions. It is important for both the speaker and the audience to engage the subject through questions. Asking questions is also a sign of respect and appreciation.

## Notes and Keywords

## Comments

## Questions

## **Seminar Summary**

1) What did you learn during the Career Seminar?

2) What is your action plan to develop your career?

3) What are your comments or suggestions for the next seminar?

## Self Evaluation

Reflection means looking back. Look back at the Career Seminar and think about your level of participation.

Use the scale below to reflect on your use of English.			
1 = not at all (0%)	2 = a little (30%+)	3 = quite a bit (65%+)	4 = a lot (up to 100%)

I spoke English as much as possible.				
1	2	3	4	
Explain:				
I tried to participate in p	resentations and lectures.			
1	2	3	4	
Explain:				
I was able to make comm	ents and ask questions.			
1	2	3	4	
Explain:				
I used English during the	e workshops.			
1	2	3	4	
Explain:				
I used English to talk to	other members of the semi	nar.		
1	2	3	4	
Explain:				
I was able to exchange id	eas with others.			
1	2	3	4	
Explain:				
I will be able to apply what I learned at the Career Seminar to my future.				
1	2	3	4	
Explain:				
How useful was the international career seminar?				
1	2	3	4	
Explain:	1			

## **Presentation Summary**

The presentation summary is submitted by the group leader. Each group submits only one summary.

## **Participants Contact Information**

Name	Affiliation	Contact

<謝辞>

本「合宿セミナー」の実施に際しましては、栃木県からの支援を受けて、以下の組織団体から 貴重なご支援ならびにご協力をいただきましたことに、改めて厚く感謝申し上げます。

国際キャリア教育運営委員会

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- 協 賛:(一財)栃木県青年会館 / (公財)あしぎん国際交流財団 キリンビール(株)栃木支社

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